NARRATIVE FINAL PROJECT IMPLEMENTATION REPORT

On

Strengthening the capacity to Faith Based Organisations’ leaders on stigma reduction, counselling on HIV and education

Funded By World Association of Christian Communication (WACC)

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1. Name of Local NGO providing the report:
   Tanzania development and AIDS Prevention

2. Address
   P.O BOX 1603,
   Bukoba, Kagera
   Tanzania

3. Person contact of the final report:
   James Barongo Bashweka – Programmes’ Manager

4. Identification of the project

   4.1 Project Name: Strengthening the capacity to Faith Based Organisations’ leaders on stigma reduction and counselling on HIV

   4.2 Location
   The project is located in Tanzania, Kagera region. The trained religious leaders were from the five districts of Bukoba Municipal, Bukoba Rural, Missenyi, Muleba and Ngara

   4.3 Project duration: Start up date: 1/2/2007 completing date: 14/11/2007

5. Budget and Finance
   Total project cost: Tshs. 8,317,000
6. Introduction about implementing Agency

Tanzania development and AIDS Prevention (TADEPA) is a local non-governmental organisation (NGO) registered in 1997 according to the Trustees Incorporation Ordinance (1956), and is based in Bukoba, Kagera Region, Tanzania. The main purpose of TADEPA is to participate fully in the fight against HIV transmission, care for HIV/AIDS affected and afflicted people and to promote development in totality through poverty alleviation programme.

7. The aspect of this project

TADEPA designed the project to strengthen the capacity of Faith Based organisations’ leaders on stigma reduction and counselling on HIV. The project aimed at addressing the limited knowledge and poor communication skills of religious leaders on pre-and post counselling of HIV/AIDS and pre-marital consultations which leads to stigmatisation, denial and discrimination.

The project was designed following the problems that were identified in the course of services provision that included pre-marital HIV counseling and testing. It was learnt that confidentiality is not strictly respected and HIV positive people and discordant couples are not being given appropriate and sufficient counselling to aid decision making and positive living. People undergo premarital counselling as a condition for religious ceremonies. In case one is HIV positive, they terminate the engagement with no tangible solution. This needed a special approach rather than telling somebody only not to undergo religious marriage due to stigma and other social repercussions of receiving positive results with no planned support.

Furthermore TADEPA conducted a focus group discussion with FBO leaders. Categorically religious leaders revealed the lack of HIV/AIDS counseling, health education skills and the need for training. Prevention messages are delivered in a forceful way and judgmental pointing of a finger to some groups reinforcing stigma. TADEPA thought non-judgmental approach can be fostered by increasing good communication skills and education, giving capacities to religious leaders concerning HIV/AIDS counselling, prevention and care that will enable them to provide effective and accurate education regarding counselling, pre-marital consultations, reduction of stigma and discrimination and misconception; hence, TADEPA’s proposal to Strengthen the capacity to Faith
Based Organisations’ leaders on stigma reduction and counselling on HIV. This was empathetically supported by World Association for Christian Communication (WACC)

The main component of the project included conducting a training to 40 Religious leaders from five districts of Bukoba Municipal, Bukoba Rural, Missenyi, Muleba and Ngara and conducting a short term project evaluation with religious leaders.

8. Planned activities

i) Preparation and production of training manuals

ii) Conducting a ten days training to 40 religious leaders

iii) Project evaluation workshop with stakeholders

9. Actual implementation

9.1: Preparation and production of training manuals

The project prepared manuals which were used during the training and at the end of the training all were given two copies of adaptable training manuals that will guide them to facilitate in the training within their congregations.

9.2: Conducting a ten days training to 40 religious leaders

Main purpose:

The Purpose of the training was to enable religious leaders to have knowledge on counselling of HIV afflicted people, educating the community on HIV/AIDS, particularly their congregational members, stigma reduction that increases HIV transmission and understanding their responsibilities in the fight against HIV/AIDS particularly in their congregations.

The specific Objectives of the training were to:

i. To increase the knowledge for religious leaders, in counselling, family life education and HIV/AIDS prevention

ii. Enable through training of 40 religious leaders to acquire effective skills on pastoral counselling, education on care and prevention of HIV/AIDS and pre-marital counseling
The training was conducted to a total of 40 Religious leaders that is the 100% of the expected. It was conducted in one phase.
Topics covered during the training included; Spiritual Counseling, HIV/AIDS updates, gender and HIV/AIDS, HIV related stigma, communication for positive behaviour change, counseling, pre-marital testing, orphans and widows rights.

The training methodologies used were those, which enable adult learners to acquire knowledge and skills through active participation and sharing of experiences. These included lectures, small and group discussions and presentation.
Evaluation was throughout the learning process; by observation in participation, questions and answers and sharing of experiences. Detailed report of the training was submitted to WACC

9.3: Project evaluation
Following the training, TADEPA conducted an evaluation meeting with 20 religious leaders from different congregations. The evaluation meeting aimed at assessing the outcome of the training.

The meeting involved presentations from religious leaders on the following
- Stapes taken after the training
- Results/outcomes
- Challenges

I: Steps taken after the training
After the training religious leaders reported to have taken the following steps:
   i. Informing their congregation and community leaders on the training
   ii. Meeting with different groups like women, youths, orphans and widows
   iii. Sensitizing their congregation members on the importance of pre-marital counseling and testing
   iv. Identifying HIV+ patients in the congregations and their needs and putting on plans of supporting them.
   v. General education on HIV/AIDS transmission and prevention

II: results
They reported to have observed the following results

i. Youths, couples and the general community have shown interest to voluntarily test their status.

ii. The number of premarital testing has increased

iii. Most of congregation members have decided to own the problem and start educating others.

iv. Services at the congregations have improved

v. Willingness of people living with HIV/AIDS to testify their status

Case study
In the process of counseling, one religious leader met with two youths (a boy and a girl) who after testing were found to be HIV Positive. Both were secondary school students. After knowing their status a boy made a decision of stopping school and going back home, but the church retained him. Counselling was given on positive living and supported him physically and spiritually. Now the boy has regained and has decided to go back to school.

III: Challenges:
During the implementation religious leaders faced the following challenges

i. Most of the followers are relating HIV/AIDS with traditional believes such as witchcraft

ii. Difficult situations in post test counseling to those who are positive some clients denying their results

iii. Some Religious leaders are against the use of condoms

iv. Some people do not believe on ARVs they insist on prayers as one of curative measure.

v. Some people do not follow procedures of pre-marital counseling and testing.

vi. Judgmental behaviours where every HIV+ patient is judged to be a sinner

vii. Distance to the counseling and treatment clinics. Most of them are in the urban area – rural areas are underserved.

10. General remarks

- Generally the project was very helpful to the religious leaders. This was noted during the evaluation where most religious leaders acknowledged to have gained knowledge
and skills deal with HIV issues including spiritual care. That was not achieved in all the training which they attended before.

- It was learnt that most of measures that are introduced by things done by religious leaders are, done mistakenly due to lack of knowledge on current approaches regarding HIV/AIDS up dates. Things like forcing premarital testing without a comprehensive plan of solution, stigmatizing behaviours of HIV positive people and how to design HIV/AIDS programs. During the training it was observed that when give positive approach through participatory discussion they are willing to change and collaborate.

- At the end of the training, trainees were able to developed tangible resolutions that will be used to guide their day to day practice and developed work plans for follow up to gauge the outcome of the training at their congregation level.

Thanks

- WACC to the support of this project that enabled us to strengthen our working relationship with religious leaders
- Religious leaders for their willingness, cooperation and fully participation during the training
- All facilitators of this training for their stimulating facilitation

11. Conclusion

Though the training was very helpful to religious leaders but the number of attended participants was very small in comparison with the area and need. There is great need for organizing another training to cover a bigger number of religious leaders in Kagera Region
FUND REQUEST

Project Reference number: xA44-10

Project Title: Strengthening the Capacity of Faith Based Organization Leaders in HIV Stigma Reduction and Counselling

Name of the Local NGO: Tanzania Development and AIDS Prevention (TADEPA)

Total Amount of Funds under the agreement: 5,000 £

Date of signature of Agreement: 16th January 2007

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<td>8,317,000</td>
<td>5,042</td>
<td>893,425</td>
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Prepared by: Angela Ngaiza

Position: Administrator/Treasurer

Signature: [Signature]

Checked by: James Barongo Bashweka

Signature: [Signature]

Position: Field Manager
### Ledger: Cash-book TZSH

**Country:** Tanzania  
**Account Name:** TADEPA WACC  
**Month:** Sept. 07 - Nov. 07

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**Total**  
8,317,000.49  
**Final Balance**  
0.49

Prepared by: Angela Ngaiza  
Position: Administrator/Treasurer  
Signature: 

Checked by: James Karongo Bashwaya  
Signature: 
Position: Field Manager